

After giving birth



Required procedures

- (1) Receive a Birth Certificate (*Shussei Shomei-sho*) (this is the same form as the Report of a Birth (*Shussei Todoke*)) from either the doctor or midwife.
- (2) Within 14 days including the birth date, bring the Maternity and Child Health Handbook (*Boshi Kenko Techo*), nationality certificates of the parents (e.g. passports, if parents are both foreign nationals) and a document to prove the marriage (if parents are both foreign nationals) to the City Hall (*Shiyakusho*), Branch Office, Citizens' Service Center or ACTA Nishinomiya Civic Service station and report the birth. At that time, receive a Proof of the Report of a Birth (*Shussei Todoke Kisai Jiko Shomei-sho*)
- (3) Within 30 days (of the birth), apply for a status of residence (for the child) at the Immigration Bureau. However, if you intend to leave the country within 60 days, this is not necessary.

Enquiries and Applications

Nishinomiya City Hall, Citizens Civic Affairs Division Resident Record Desk (<i>Nishinomiya Shiyakusho, Shimin-ka, Juminkiroku Tanto</i>)	0798-35-3104
Nishinomiya City Hall, Citizens Civic Affairs Division Family Register Report Desk (<i>Nishinomiya Shiyakusho, Shimin-ka, Koseki Tanto</i>)	0798-35-3128
Foreign Residents Information Center (When calling from IP phone, overseas)	0570-013904 03-5796-7112

Health insurance and birth expenses

Normal births are not covered by health insurance and considerable expenses are involved. If you are insured by a health insurance scheme, you will be provided with a lump-sum birth allowance upon delivery. By using the direct payment system, it is possible for the health insurance association to reimburse the lump-sum birth allowance directly to the hospital. Please inquire to the hospital if you'd like to use this direct payment system. If you do not wish to use the direct payment system, apply to your health insurance association.

Enquiries (If you have joined the National Health Insurance Scheme)

Nishinomiya City Hall, National Health Insurance Division 0798-35-3120
(*Nishinomiya Shiyakusho, Kokumin Kenko Hoken Ka*)

Reduction of National Health Insurance Premium

When someone who is a member of the National Health Insurance gives birth, it is possible to apply for the reduction of National Health Insurance Premium. For application, please bring a document such as the maternal and child health handbook which has the information on the delivery date (or the due date) and whether it is a single birth or multiple birth.

Enquiries

Nishinomiya City Hall National Health Insurance Division 0798-35-3117
(*Nishinomiya Shiyakusho, Kokumin Kenko Hoken Ka*)

Note For details, ask a person who understands Japanese to enquire for you.