

For Health (The Work of Public Health Offices)

To help citizens of the city lead a healthy life, Nishinomiya City Health Center (0798-26-3666) provides a variety of services.

Illness prevention

To prevent illness, health consultations, health examinations, cancer screenings and vaccinations are provided. There are both charged and free services. Although some services incur fees, health examinations, cancer screenings and vaccinations are much cheaper than those at medical institutions.

Enquiries

Regarding health consultation:

Nishinomiya City Health Center, Community Health Care Division 0798-35-3310

Regarding health examinations and cancer screenings:

Nishinomiya City Health Center, Health Promotion Division 0798-35-3127

Regarding vaccinations:

Nishinomiya City Health Center, Health Care and Disease Prevention Division

0798-35-3308

Health of mother and child

Consultations and health examinations are provided for pregnancy, birth and childrearing. Please check the section 11. Birth / Childcare.

Enquiries

Nishinomiya City Health Center, Community Health Care Division 0798-35-3310

Mental health

Consultation is available for mental illnesses such as integration disorder syndrome, dementia, alcoholism, etc. and other mental problems.

Enquiries

Nishinomiya City Health Center, Health Promotion Division (Hoken-sho, Kenko Zoshin Ka) 0798-26-3160

Diet

Consultations on diet and healthy living are provided as well as responses to questions regarding foodstuffs.

Enquiries

Consultation on nutrition:

Nishinomiya City Health Center, Community Health Care Division (Chiiki-hoken Ka) 0798-35-3310

Consultation on special nutritional needs for persons with an illness:

Nishinomiya City Health Center, Health Promotion Division (Kenko Zoshin Ka) 0798-26-3667

Consultation on foodstuffs and food additives:

Nishinomiya City Health Center, Food Hygiene Division (Shokuhin Eisei Ka) 0798-26-3776

Dental health

Consultations on dental health such as tooth and gum are provided.

Enquiries

Nishinomiya City Health Center, Health Promotion Division (Kenko Zoshin Ka) 0798-26-3667

Note For details, ask a person who understands Japanese to enquire for you.